



FREQUENTLY ASKED QUESTIONS

How many servings of Bazi can I enjoy per day?

We recommend that you have at least one serving per day, however we feel that the most an individual would really need is 5 servings per day. Many of our Bazi drinkers enjoy taking 2 servings (2 ounces) first thing in the morning and taking 1 serving (1 ounce) throughout the day when they need a lift!

At what age would it be best to start giving my child Bazi?

We feel that individuals above the age of 14 will benefit most from any nutritional supplement, and more specifically Bazi.

If I am pregnant or nursing should I keep taking Bazi?

Although Bazi contains mostly natural fruits, it's always important to check with your physician first before starting any new nutritional routine including taking Bazi.

Is it safe to take Bazi with my medications?

We know of no harmful interactions between Bazi and medications, however we recommend first that you check with your physician before starting any new nutritional routine including taking Bazi.

What is the shelf life of Bazi?

We recommend that you drink Bazi within the first year of its delivery. Also, after being opened and refrigerated, it's best to drink within 3 weeks.

Should I continue to keep taking the other XELR8 products while I'm drinking Bazi?

Absolutely, Bazi is a perfect add on to the existing XELR8 products. Bazi is formulated to provide you with a multitude of benefits coming from whole fruit sources, this can only be enhanced when taking the other XELR8 products.

I've noticed there are some minerals in Bazi like Aluminum and Silver, why aren't these harmful?

It is important to note these are natural, plant derived minerals, not chemicals or metals (which can be harmful to the body). These minerals are derived from natural plant vegetation, this is why the Proprietary XELR8 Mineral Blend is 100% ionic, natural, and in body-ready form. The minerals are naturally found in the earth and can be found in trace amounts in plants (the earth's soil contains minerals and growing plants take in

trace quantities), and are needed by the body in trace amounts for chemical and metabolic processes. These minerals are important co-factors for some of the body's most vital internal processes. [Learn More...](#)

I feel instant energy with Bazi, is that because of the caffeine?

Although Bazi contains some caffeine, the instant energy and clarity you are feeling is coming from the combination of certain elements that are contained within the fruits of Bazi, the B-vitamin complex, and the metabolic enhancing effects of the low levels of caffeine.

How much caffeine is in Bazi?

Caffeine is one of the elements of the XELR8 proprietary blend. Extensive research was done to figure out at what low quantity was antioxidant activity (from the Phyto8 Fruit Blend) enhanced. For those that can drink a weak cup of coffee, or a cup of green tea, Bazi has significantly less caffeine than both of these examples. If someone is sensitive to caffeine, it's best they drink one serving and see how they feel.

Is Bazi all natural?

Although the Bazi formula consists of majority of natural fruits, to ensure the safety of Bazi, Sodium Benzoate, which is artificial, was used to preserve Bazi. Sodium benzoate carries the GRAS (Generally Recognized As Safe) designation by the FDA. It is used as an antimicrobial agent in very small amounts, and is added as part of the world-recognized Good Manufacturing Practice (GMP) in food and beverage processing.

Does Bazi have Gluten, MSG or Silicates?

No, Bazi has been thoroughly tested and does not contain any traces of Gluten, MSG or Silicates.

Is Bazi approved by the FDA?

The FDA does not approve any nutritional supplements, however the FDA does provide guidelines as far as ingredients to use and manufacturing processes, which Bazi and XELR8 follows.

Where does the Jujube Fruit come from?

Although Jujube Fruit can be found in many places of the world, Bazi contains ONLY Jujube Fruit grown from the prized region of Shandong in China. This region of China offers the optimal conditions and therefore most nutrient dense Jujube Fruit.

I've noticed that sometimes there is a slight difference in color and taste with Bazi, why is that?

First, it's important that you make sure you give your Bazi bottle a little shake before pouring, often times the natural fruits and berry extracts can settle and therefore your Bazi could taste and look slightly different. Bazi uses all natural fruits and berries as its main ingredient element, and therefore these all natural sources can change slightly from season to season. Remember, Bazi uses 8 different varieties of fruits and berries, and each of these are grown in different parts of the world, therefore depending on the time of harvesting, each fruit can have different exterior properties. These changes can lead to slight changes in color and taste with Bazi, however it's important to note that each bottle of Bazi is standardized for each ingredient, dosage, and nutrient density.

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Just as a bushel of blueberries have different colors, tastes, and textures, Bazi being made of 8 natural fruits and berries will have similar differences, however the nutrient quality and quantity stays the same.

Why does XELR8 use only certain source farms and growers for Bazi?

Although many of the Bazi fruits and berries can be grown in different parts of the world, there are some areas where certain fruits can be grown consistently with the highest density and quality of nutrition. In these areas of the world, climate, soil, environment conditions are perfect to grow some of the Bazi fruits. It's also important for XELR8 to choose source areas and manufactures where little transportation and minimal pick to process (picking of the fruit from the vine to the processing of the fruit) time occurs.

How much of each fruit is in the XELR8 Phyto8 Blend?

The Phyto8 Blend is a proprietary blend of 8 fruits known only to XELR8. Extensive research has gone into placing each fruit in a perfect ratio to allow for optimal benefits of health and wellness, this is what makes Bazi so unique and exclusive to XELR8.

[Learn more...](#)

I noticed that Calcium is included in the XELR8 Mineral Blend, should I stop taking my Calcium complex?

The XELR8 Mineral Blend contains many major minerals, however they are not in the quantity as individual complexes. If someone has been previously taking any of the individual minerals in the blend separately, XELR8 recommends they continue taking their individual complexes along with Bazi.

Do I need to take Bazi with food like my other supplements?

No, unlike most nutritional supplements, Bazi is based using natural fruits and naturally contains many buffers to help with it's absorption and uptake.

If I mix Bazi with water do I reduce any of the health benefits?

No, diluting Bazi with water only adds a buffer (water), the nutrient quantities remain the same.

Is Bazi Kosher?

Bazi, currently does not follow the spiritual guidelines to be Kosher.

Does Bazi use any artificial sweeteners?

No, Bazi's sweetness comes from the natural fruit sugars from the fruits and berries and fructose, a natural sugar.

Is Bazi good for Diabetics?

Bazi is a great supplement for Diabetics to get many of nature's most prized fruits without dealing with the overwhelming amount of sugar. Although at low levels, Bazi does contain some natural sugars, therefore we recommend that after a physician has approved Bazi for the Diabetic they take Bazi in moderation. It is important to note that an individual with a major health issue should always consult their physician before starting any new nutritional routine, including taking Bazi.

I hear so many great testimonials from my friends and family about Bazi, and they are all so different, why is that?

Bazi is a unique formula that brings together much of the extensive research of Western medicine and science with the deep, ancient tradition of Eastern medicine, therefore Bazi has the ability to work on so many different areas of the body. Many of today's nutritional formulas and pharmaceuticals work on the symptoms of certain conditions, while Bazi contains ingredients that help to strengthen, nourish, and revitalize the root of these conditions, therefore creating a wide array of health benefits. Think of your internal health as a tree, where all the branches on the tree are specific conditions you may have. One branch may have to do with joint pain you have, another may be energy, another could be eye health and so on. When taking certain products that are directed to support a certain condition or symptom, you can only support that specific branch of the tree. However, Bazi helps to strengthen and nourish the roots of the tree (or source of health). As these "roots" are strengthened, the entire "tree" benefits in so many different ways. This is why you hear so many great health benefits of Bazi, as Bazi works on the "roots" of YOUR "tree", those conditions in which your body is weak, become alive and HEALTHY! [Learn More...](#)

I've noticed that when I took Bazi for the first time, it made me feel a bit dizzy and then went away, why is that?

Although on the surface Bazi may look like "just a fruit juice", it is very important to note, that it is FAR from that. Bazi is a powerful nutritional supplement that has tremendous health benefits that utilizes the world's most nutritive fruits and berries. As with any nutritional supplement that is formulated to provide immediate health benefits, Bazi contains ingredients that at first, with those who are sensitive, can give a "rush" feeling. Everyone's body is different, they take to foods and nutrition differently, this is why it's important sometimes to let the body get used to (or acclimate) to certain nutritional supplements. If the body has been away from this type of incredible nutrition, it may take it a few days or week to get used to, but as the body realizes it will be exposed to these amazing nutrients regularly, its overall health and wellness will greatly benefit.

How does Bazi help to detoxify the body and what are some things I will immediately be able to see?

One of Bazi main fruits is called the Jujube Fruit. This fruit was chosen specifically for Bazi because of its steep, ancient tradition in Chinese Traditional Medicine and more importantly for its thousands of years of use in detoxifying the body, and important organs as well as the kidneys, what Eastern medicine believes is the source of ALL energy. Along with the Jujube Fruit is a host of antioxidants, not only from the extensive vitamin profile, but also from the other 7 powerful fruits and berries. All these nutrients combine to help cleanse, fortify, and strengthen the body and its internal organs. Detoxifying "effects" can vary from person to person, sometimes they are pleasant, such as a clarity, energy, and heighten senses feeling, or they can also fall on the other end of the spectrum such as feeling a bit "foggy" or "groggy". These symptoms, although seem adverse, are NOT, they are just the body's way of handling the detoxification. Think of this as similar to the feeling after you get a long massage, all of your bodies "toxins" rise to the top to be expelled through the pores of your system, this causes you to almost feel "sick", however this passes (as you drink more water) as the toxins release from your system...leaving a healthy, refreshed, and revitalized body!

Will you be further enhancing the formula of Bazi?

Absolutely! The XELR8 products have always been at the cutting edge of nutrition, and Bazi is no exception. We will be constantly looking at how to improve and enhance the Bazi formula, either by adding new elements to compliment the existing formula, or by re-evaluating each current ingredient to ensure that we are receiving the best source and form. This is another reason why you may notice slight changes in color or taste each time the product is ran. Every day new science and research leads us to better ways in helping the body and improving overall health and wellness, however you can be rest assured the Bazi formula stays on the cutting edge of this science.

Because Bazi contains natural fruits, is there a possibility of it containing traces of pesticides?

Although XELR8 does not farm all the fruits themselves (we don't own all the farms), it does do a full pesticide screen on Bazi to ensure that not only each of the ingredient sources are free of pesticides but also the final product that you enjoy drinking. This is just one of the steps that XELR8 goes through to ensure the safety of Bazi.