

## BAZI Frequently Asked Questions

**Q:** How many servings of BAZI can I enjoy per day?

**A:** We recommend that you have at least one serving per day; however, many of our BAZI drinkers enjoy taking one serving first thing in the morning and taking another serving throughout the day when they need a lift!

**Q:** At what age would it be best to start giving my child BAZI?

**A:** Since BAZI is primarily a food-based product, it can be safely consumed by children who are eating solid food. However, we recommend you discuss with your pediatrician first before giving BAZI to your child.

**Q:** If I am pregnant or nursing should I keep taking BAZI?

**A:** BAZI can play an important role in any pre/post-natal nutritional program, but it's always important to check with your physician first.

**Q:** Is it safe to take BAZI with my medications?

**A:** BAZI is based on food and unless there are dietary restrictions with your medications, it should be perfectly safe. However, we recommend that you check with your physician first before starting any new nutritional routine, including taking BAZI.

**Q:** What is the shelf life of BAZI?

**A:** We recommend that you drink BAZI within a year of its delivery. Also, after being opened, it's best to refrigerate and to drink within three weeks. BAZI comes with an expiration date printed on the bottle.

**Q:** Why aren't the trace minerals in BAZI listed?

**A:** Because it is a natural material and not standardized for particular minerals or amounts, we cannot list the exact mineral content in our trace mineral blend. In general, the fulvic compound that we use is rich in minerals such as selenium, zinc, and manganese, just to name a few.

**Q:** I feel instant energy with BAZI, is that because of the caffeine?

**A:** Although BAZI contains some caffeine, the energy and clarity you are feeling more than likely comes from the combination of phytonutrients that are contained within the fruits of BAZI, the B-vitamin complex, and the metabolic enhancing effects of the low levels of caffeine.

**Q:** How much caffeine is in BAZI and why is it in the product?

**A:** BAZI contains 80 mg of caffeine per two ounces. It's included to specifically enhance nutrient absorption and assimilation; since caffeine prepares the body to more readily take in nutrients. If you are sensitive to caffeine, we recommend drinking only one serving first to see how you feel..

**Q:** Is BAZI all natural?

**A:** We always search for natural ingredients when formulating our product, but when natural raw materials are not an option we use pharmaceutical-grade components to ensure purity and potency. For example, BAZI incorporates two pharmaceutical-grade stabilizers (Potassium Sorbate and Sodium Benzoate) which have very long histories of safe use by humans. These ingredients, although not natural in origin, increase the safety and performance of the product. In fact, in many countries these two stabilizers are required in liquid beverages.

**Q:** Does BAZI have Gluten, MSG, or Silicates?

**A:** No. BAZI has been thoroughly tested and does not contain any traces of Gluten, MSG, or Silicates.

**Q:** Is BAZI approved by the FDA?

**A:** The FDA does not approve any nutritional supplements; however, the FDA does provide guidelines as



far as ingredients to use and manufacturing processes, which BAZI follows.

**Q:** I've noticed that sometimes there is a slight difference in color and taste with BAZI, why is that?

**A:** First, it's important that you make sure to give your BAZI bottle a little shake before pouring. It is common for the natural fruits and berry extracts to settle and therefore your BAZI could taste and look slightly different. BAZI uses all natural fruits and berries as its main ingredient element; therefore, these all-natural sources can change slightly from season to season. Remember, BAZI uses eight different varieties of superfruits and each of these are grown in different parts of the world. Therefore, depending on the time of harvesting, each fruit can have different exterior properties. These changes can lead to slight changes in color and taste. However, it's important to note that each bottle of BAZI is standardized for each ingredient, dosage, and nutrient density.

**Q:** How much of each fruit is in the BAZI Phyto8 Blend?

**A:** The Phyto8 Blend is a proprietary formula.

**Q:** Do I need to take BAZI with food like my other supplements?

**A:** Not if you don't want to. Some people take it right before they eat and others take it on an empty stomach. The most important thing to remember is to take your BAZI.

**Q:** If I mix BAZI with water do I reduce any of the health benefits?

**A:** No. Diluting BAZI with water only adds a buffer (water), but the nutrient quantities remain the same.

**Q:** Is BAZI Kosher?

**A:** BAZI currently does not follow the spiritual guidelines to be Kosher.

**Q:** Does BAZI use any artificial sweeteners?

**A:** No. BAZI's sweetness comes from the natural fruit sugars from the superfruits and fructose, a natural sugar.

**Q:** Is BAZI good for diabetics?

**A:** For individuals with Type 1 or Type 2 diabetes, BAZI can easily be a part of their overall, healthy eating programs. One shot (2oz) of BAZI contains 16g of fruit-sourced fructose; which is metabolized much slower than processed sugars. You don't want to confuse this with the sweeteners used in most soft drinks and energy drinks, they use high-fructose corn syrup which should be avoided by diabetics at all costs since they cause a rapid increase in blood sugar levels. Fructose, on the other hand, metabolizes slowly and does not cause the same "spike" in blood sugar. One shot of BAZI is equal to 1 fruit exchange, based on the American Diabetes Association's guidelines. It's basically the equivalent of 1 small, orange, apple or banana. In fact, it is arguable that BAZI contains MORE nutrition than these three fruits. It contains a variety of vitamins, minerals and phytonutrients that no single fruit or fruit juice can match. BAZI is more than an energy shot; it's a world of nutrition in your hand.

**Q:** Will you be further enhancing the formula of BAZI?

**A:** We are constantly looking at how to improve and enhance the BAZI formula, either by adding new elements to complement the existing formula or by re-evaluating the current ingredients to ensure that we are receiving the best sources and forms.

**Q:** Because BAZI contains natural fruits, is there a possibility of it containing traces of pesticides?

**A:** The individual fruits in BAZI undergo hundreds of tests and screening processes to ensure that they are free of pesticides and heavy metal contamination. This is just one of the many steps that we go through to ensure the safety of BAZI.

**Q:** Why is there sugar in Bazi?

**A:** BAZI contains natural fruit sugars from the Phyto8 Blend, pear juice, and fructose. Each serving of BAZI contains only 16 grams total of fruit sugars. You get more sugar from a handful of grapes or several



slices of orange. It's insignificant when compared to the total amount of sugars one would consume if he/she ate a serving of all eight fruits found in BAZI.

**Q:** Why is there no fiber in Bazi?

**A:** When we concentrate the fruit extracts from the eight superfruits that make up BAZI, we remove the fats, proteins, water, and fibrous portions of the fruit (there are still trace amounts in the concentrate, but not enough to be listed on the label) and keep the unique phytonutrients that naturally occur in each fruit. Since BAZI was formulated to be a concentrated two-ounce shot of nutrition, the amount of fiber that could be included would be of little benefit. Instead, BAZI provides your body with nutrients which play critical roles in the body, but that most of us do not consume enough of on a day-to-day basis.

**Q:** Are the ingredients in BAZI organic?

**A:** The exotic raw materials specified in BAZI are subject to requirements that are far beyond the scope of being simply organic. Classifying a food as organic does not mean it isn't free from harmful contaminants nor does it create a more nutritious product. The major issue with sourcing organic raw materials is that regulations on the definition of organic vary from state to state and country to country. There simply is no uniform set of guidelines which covers all foods/raw materials in all states and countries. Not to mention the difficulty in ensuring that documentation for each raw material from international sources is correct and factual. What is much more critical for raw material selection is its purity, potency, and consistency. We use performance criteria for raw materials that are measurable through laboratory testing and validation. For example, each of the eight superfruits used in BAZI must undergo hundreds of tests for heavy metal, volatile organic chemical, PCB, and pesticide contamination. The fact of the matter is, a food can be grown organically and still be contaminated with one or more of these dangerous compounds. Our strict Q & A procedures at our partner manufacturing facility virtually eliminate any chance that a contaminated raw material will make it through production. In fact, each and every raw material is kept in quarantine in a separate section of the facility when it first arrives, until a sample is tested and approved for use in BAZI. It must match the specifications set forth by us, and if it doesn't, it's rejected and sent back to the supplier. Secondly, organic foods are not necessarily more nutritious than their non-organic counterparts. Again, what is more important is nutrient consistency. The nutrient content claim on the label of a bottle of BAZI is based on calculated (and validated) nutrient values of each raw material; we standardize particular nutrients in order to make value claims. Finally, there is the important issue of cost. Formulating BAZI from organic-only sources would considerably increase the cost to the consumer, and this would be with absolutely no measurable health advantages to our current sources. You can be assured that BAZI is made with the finest raw materials available, anywhere. That's just one of the reasons why BAZI is truly superior to other energy and fruit drinks.

**Q:** Where is BAZI made?

**A:** BAZI is proudly manufactured in the United States by our state-of-the-art partner facility, which is an FDA-inspected and -licensed manufacturer. We cannot disclose the name of the facility due to our manufacturing agreement; however, we can assure you that it is equipped with the latest technology in nutritional supplement manufacturing and follows the strictest protocols in raw materials selection and testing. What this means to our customers is that you can enjoy BAZI with the full confidence that it is produced using only the highest-quality raw materials and the best manufacturing processes available.

If you have more questions please call us at 888-935-7808 or email us at [support@drinkbazi.com](mailto:support@drinkbazi.com)

